



A Space Designed for Allied Health Support and Inclusion

If you have felt nervous about exercising with diabetes, had joint aches hold you back, or haven't worked out in years, you are in safe hands.

Details for Your Peace of Mind

- Small group sizes guarantee close clinical monitoring and room to move at your own pace.
- Take a seat whenever you need. Every exercise has seated, supported, or lighter alternatives.
- Bring a support person, partner, or family member along to accompany you or sit in.

ARRIVAL & ACCESS INFORMATION

- Front entrance has 3-step access from the front path.
- Rear entrance is accessible via the driveway (note: driveway has a gentle downward decline) with 1-step directly into the studio.
- Street parking available right outside.

Reserve your Spot - (12 places per session)

- Book Online: www.nevertooldtoplay.com
- Phone / Text: 0404 058 718
- Casual Rate: \$10 per session
- Speak to your GP about a Chronic Disease Management (CDM / EPC) plan referral for Exercise Physiology. Robyn Papworth's Medicare Provider number is 400894BY
 - Private Health Insurance, Home Care Packages (HCP), and NDIS self-managed/plan-managed funding may apply.