Neurological Exercise Physiology

Stroke | Parkinson's disease | Multiple Sclerosis

GP | NDIS | Aged Care information

For the GP, support coordinator, plan manager or aged care provider

Your patient or client is interested in Exercise Physiology to support functional goals related to neurological disability or chronic disease. The program can address strength, balance, mobility, coordination, fatigue, memory, dual-tasking, confidence and participation in everyday activities.

MEDICARE - GP Chronic Condition Management Plan

Exercise physiologists are eligible allied health providers under a GP Chronic Condition Management Plan (GPCCMP).

Eligible patients may access up to 5 individual allied health services per calendar year, shared across eligible allied health disciplines.

The referring GP decides whether Exercise Physiology is clinically appropriate and consistent with the patient's plan. The public neurological group itself should not be assumed to be Medicare-funded.

NDIS - Therapy support where disability-related and function-focused

Exercise physiology is recognised by the NDIS as a therapy support when it meets the NDIS funding criteria.

It may be appropriate where the therapy is linked to the functional impact of disability, for example mobility, muscle strength, balance, coordination, physical capacity, independence or participation.

Funding is not based on diagnosis alone. It must be an appropriate disability-related support with evidence of functional benefit. General fitness, gym membership or a purely social group is not the same as NDIS-funded therapy.

Please contact Robyn if you need goals, progress information or Exercise Physiology documentation for a participant's plan or review.

AGED CARE - Allied health / exercise physiology

Exercise physiology is included on the Australian Government aged care service list as an allied health and therapy service.

It may be relevant where assessed needs include maintaining or restoring physical or functional abilities that support everyday tasks, safety and independence.

Funding depends on the person's assessment, approved supports and provider arrangements.

Current public group

Tuesday 11:30am-12:30pm

$16 casual | Maximum 12

For people living with stroke, Parkinson's disease and Multiple Sclerosis. Participation remains subject to clinical suitability.

Venue access

Front entry: 3 steps with a handrail. Rear entry: gently sloping concrete driveway from the road plus 1 step into the studio. The venue is not yet fully step-free. Please discuss access needs before the first visit; Robyn can meet the person at the rear entrance.

Robyn Papworth - Accredited Exercise Physiologist (ESSA)

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